## Malina Spirito, M.Ed., MA

Psychologist at ChristianaCare
Wilmington, DE, US
Malina Spirito, M.Ed., MA, is a psychologist with
ChristianaCare.

## **Biography**

Malina Spirito, PsyD., MEd., is a licensed psychologist at the ChristianaCare Center for Women?s Emotional Wellness, specializing in support for women before, during, and after pregnancy. Dr. Spirito provides consultations, assessments, and treatment to women and their families regarding perinatal mood and anxiety disorders. Dr. Spirito is involved in ongoing program development for the Center for Women?s Emotional Wellness and provides professional education and consultation to other health professionals and the public.

## **Areas of Expertise**

Perinatal Mental Health, Women's Mental Health

## **Education**

Widener University Psy.D. Psychology

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