

Martha Belury

Professor, Human Sciences | College of Education and Human Ecology at The Ohio State University

Columbus, OH, US

Professor Belury conducts biological and nutritional research into how diet and lifestyle alter obesity, diabetes and metabolic disorders

Biography

Martha Belury earned both her degrees at the University of Texas, Austin. She received her bachelor's degree in Dietetics and her doctoral degree in the Department of Biological Sciences. She has been at The Ohio State University since 2002 as a professor in the Department of Human Sciences. Her research interests include the following: 1) Modulation of insulin action under conditions of hepatic insulin resistance such as during type 2 diabetes, obesity, and metabolic syndrome; 2) Fatty acid modulation of gene expression and signal transduction to modulate metabolism in the liver, and; 3) dietary fatty acids and other dietary bioactive components.

Industry Expertise

Education/Learning, Professional Training and Coaching, Research

Areas of Expertise

Dietary fats, Metabolism, Insulin Resistance, Diabetes & Stabilizing Blood Sugar, Diabetes, Nutrition (Eating Emotionally), Nutrition & Wellness, Nutrition & Lifestyle Changes, Nutrition & Disease Prevention, Nutrition

Affiliations

Speaking of Food President

Education

University of Texas, Austin
Ph.D. Biological Sciences

University of Texas, Austin
B.S. Nutrition

Accomplishments

Robert H. Herman Memorial Award for Outstanding Research

American Society of Nutrition (ASN), Presented at Experimental Biology, San Diego, CA 2014

Award for Distinguished Scholarship

College of Education and Human Ecology, The Ohio State University, Columbus, OH 2012

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