

# **Martha Paynter**

**Registered Nurse, President of the Board at Wellness Within**

Halifax, NS, CA

Access to abortion, prison abolition, criminalization and reproductive health

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## **Biography**

Martha Paynter is the founder and chair of Wellness Within (WW), a registered non-profit organization in Nova Scotia that works to advance reproductive health, social justice and prison abolition. She is a registered nurse practicing in abortion and postpartum care. Ms. Paynter holds degrees in economics and health research. She is a PhD Candidate in Nursing at Dalhousie University, where she holds funding from the Pierre Elliott Trudeau Foundation and the Canadian Institutes of Health Research and studies reproductive health and criminalization.

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## **Industry Expertise**

Political Organization, Women, Research, Public Policy, Health and Wellness, Non-Profit/Charitable

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## **Areas of Expertise**

Health Services Management, Feminist Health Advocacy, Childbirth, Breastfeeding, Pain Management, Medication, Infant Feeding

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## **Affiliations**

Affiliate Scientist IWK Health Centre Obstetrics & Gynecology, Chair, Wellness Within: An Organization for Health & Justice

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## **Event Appearances**

**LEAF Halifax Persons Day Breakfast**  
LEAF Halifax Persons Day Breakfast

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## **Education**

**Dalhousie University**  
PhD Nursing

**McMaster University**  
M.Sc. Health Research Methodology

**Dalhousie University**  
M.D.E. Development Economics

**McGill University**  
B.A. Art History & Economics

**Dalhousie University**  
B.Sc.N Nursing

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