

# **Mary Louise Adams**

**Professor at Queen's University**

Kingston, ON, CA

Professor, Kinesiology and Health Studies

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## **Biography**

Mary Louise Adams is a Professor in the School of Kinesiology and Health Studies and the Department of Sociology at Queen's University where she teaches courses on sport and culture, the sociology of fitness and the body, and contemporary issues in sexuality. With a background in gender studies and sexuality studies, Mary Louise writes about feminism, gender and LGBTQ issues in sport. She is currently working on a project that looks at the implications for girls' lives of the tremendous expansion of women's sporting opportunities over the past few decades. Mary Louise is also interested in cultural aspects of fitness and has done both historical and sociological research on walking. She is currently investigating the way digital fitness tracking technologies, like fitbits, are changing the way people understand movement and physical activity.

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## **Industry Expertise**

Education/Learning, Leisure / Recreation, Research, Sport - Amateur, Sport - Professional, Women

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## **Areas of Expertise**

Sport history, Sport sociology, Gender in sport, Sexuality and sport, Fitness cultures, Physical Activity, Walking - history and sociology, Sexuality Studies, LGBTQ History

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## **Education**

**University of Toronto**

PhD Sociology of Education

**University of Kent at Canterbury**

MA Women's Studies

**Trent University**

BA Anthropology/Environmental Studies

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## **Accomplishments**

**Physical and Health Education & Kinesiology Students' Association, Excellence in Teaching Award, Queen's University**

Award for undergraduate teaching

**Women's and Gender Studies Association Outstanding Scholarship Prize**

For the book *Artistic Impressions*

**North American Society for Sport History Book Award**

For the book *Artistic Impressions*

**Taylor & Francis Sport in History Journal Prize 2010**

Awarded annually to the best article in the journal of the British Society for Sport History - for "From mixed-sex sport to sport for girls"

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