

# **Melissa Boston**

**Licensed Clinical Psychologist at Manhattanville College**

Purchase, NY, US

Expert in student mental health, anxiety, depression, relationships, trauma, women's issues, and behavioral difficulties.

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## **Biography**

Melissa Boston is a licensed clinical psychologist and Manhattanville alumna. She earned her master's degree from Columbia University Teachers College and a doctorate in clinical psychology from the Minnesota School of Professional Psychology at Argosy University. Dr. Boston has a passion for helping students and maintains a flexible, integrative approach to treatment. She is skilled in evidence based treatments such as Cognitive Behavioral Therapy, Trauma-Focused Cognitive Behavior Therapy, and Dialectical Behavior Therapy. Dr. Boston works with clients who present with a variety of problems, symptoms and diagnoses, including but not limited to anxiety, depression, relationship issues, trauma, family difficulties, women's issues, behavioral difficulties, and LGBTQ related concerns.

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## **Areas of Expertise**

Coping With Quarantine, Student Mental Health, Mental Health, Coping With COVID-19

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## **Education**

**Argosy University, Minnesota School of Professional Psychology**  
Psy.D.

**Columbia University, Teachers College**  
M.A.

**Manhattanville College**  
B.A.

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