

Michael Lara, MD

Michael Lara, MD - Private Practice Psychopharmacology at Michael Lara, MD

San Francisco Bay Area, CA, US

Alternative and Functional Medicine Specialist

Biography

Michael Lara, MD is a board-certified physician specializing in using complementary and alternative medicine to treat chronic mental health conditions, including depression and dementia. In addition to maintaining a full-time practice, Dr. Lara speaks frequently on topics related to alternative medicine, nutrition and exercise. Dr. Lara was educated at Stanford, Harvard, The UCLA School of Medicine and completed his residency in Psychiatry and Behavioral Sciences at Stanford University Hospital and Clinics.

Availability

Keynote, Panelist, Corporate Training

Industry Expertise

Health and Wellness, Alternative Medicine, Fitness

Areas of Expertise

Nutrition and Mental Health

Affiliations

American Board of Psychiatry and Neurology American Medical Association American Association for Geriatric Psychiatry, American Psychiatric Association Diplomate

Sample Talks

Food For Thought: How Nutrients Affect The Brain

Education

Harvard University

MA, PhD English and American Literature and Language; Comparative Literature

Stanford University Department of Psychiatry and Behavioral Sciences
Psychiatry, Psychopharmacology, and Medical Applications of Internet

Stanford University
BA English, Biology

David Geffen School of Medicine at UCLA
MD Medicine

[Please click here to view the full profile.](#)

This profile was created by [Expertfile.](#)