

# **Michelle Lobchuk**

**Associate Professor at Rady Faculty of Health Sciences, College of Nursing, University of Manitoba**

Winnipeg, MB, CA

Empathic understanding of our partners in care - Family Carers in Canada

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## **Biography**

I was born, raised, and am a long-life Manitoban. I come from a family of proud nurses. I was always immensely impressed with the respect my nurse-mother garnered from family and friends who sought her counsel about life and death issues in the community where I grew up. I eventually became a diploma trained nurse at Winnipeg Health Sciences Centre. Due to the encouragement of our progressive instructors at the School of Nursing, I followed obtaining my University-education that led to completion of my Interdisciplinary PhD at the University of Manitoba. As a result of my advanced training in research and excellent mentors, I grew to love the enterprise of science and research. Based on my profound clinical experiences at the bedside, I continue to conduct research to help clinicians, patients, and their family caregivers feel understood. I believe that feeling misunderstood is one of the the most distressing experiences of being a human being. The humbling but essential process of seeking empathic understanding serves the basis for my studies that target stigmatized conditions - such as, lung cancer, at-risk health behaviours, and urinary incontinence. In my CAreLab at Grace Hospital in Winnipeg, collaborators, post-doctoral fellows, and graduate and doctoral students join me in building family caregiver science that demands our increased attention to meet the needs of our partners in care - family caregivers in an aging population.

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## **Industry Expertise**

Elder Care, Health Care - Providers, Research, Health and Wellness

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## **Areas of Expertise**

Empathy, Family Caregiving, Caregiving, Perceptual understanding, Video-feedback, Stigmatized conditions, Symptom management, Quantitative Methods, Qualitative Methods

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## **Affiliations**

Associate Professor, University of Manitoba, Rady Faculty of Health Sciences, College of Nursing

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## **Event Appearances**

**Keynote: Keeping family caregivers healthy keeps patients healthy**  
Centre on Aging Spring Research Symposium

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## **Education**

**Health Sciences Centre School of Nursing**  
RN Diploma Nursing

**University of Manitoba, Faculty of Nursing**  
Baccalaureate of Nursing Nursing

**University of Manitoba, Faculty of Nursing**  
Master of Nursing Restorative Nursing

**University of Manitoba, Faculty of Nursing**  
PhD Interdisciplinary Studies

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## **Accomplishments**

### **Research Manitoba Research Chair in Caregiver Communication**

The Chair Award has provided me with research time protection and ability to support students and post doctoral research fellows in advancing family caregiver science with a particular focus on interventions in empathic communication.

### **College of Registered Nurses of Manitoba Excellence in Professional Nursing - Research**

This award is in recognition of my role in advancing knowledge in nursing practice.

### **Canadian Association of Nursing in Oncology/Pfizer Excellence in Nursing Research Award**

This award is in recognition of my contributions toward oncology nursing research.

### **Winnipeg RH Foundation Award**

This institutional award is in recognition of my outstanding contributions to scholarship and research in the health science category.

### **Canadian Association of Nursing Research Outstanding New Investigator Award**

This national award is in recognition of my contributions toward nursing knowledge as a new, independent researcher.

### **National Cancer Institute of Canada, Canadian Cancer Society Research Scientist Award**

This personnel award is in support of developing my research program as a budding nurse scientist in the area of oncology nursing.

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