

Miriam Liss

Professor of Psychology at University of Mary Washington

Fredericksburg, VA, US

Dr. Liss is internationally known expert on parenting and work-family balance issues.

Biography

Miriam Liss is a clinical psychologist who best known for her work on parenting and gender issues. An internationally known expert, Dr. Liss has been interviewed by the Washington Post, MSNBC.com, and Live Science. She is the co-author of an award-winning textbook "Psychology of Women and Gender" published by Norton Press. She is also the co-author of "Balancing the Big Stuff: Finding Happiness in Work, Family and Life," published by Rowman and Littlefield press. Dr. Liss has published in a wide variety of areas including autism and developmental disorders, sensory processing, self-injury, feminist self-identification, body objectification, intensive and helicopter parenting, work-family balance, social media, and mindfulness. She is the author of over 50 peer reviewed articles and has over 75 regional and national conference presentation. Dr. Liss' honors include election into Phi Beta Kappa and Psi Chi, where she was selected as the Regional Faculty Advisor Winner and supervised the chapter winning the National Chapter Award in 2006. She received the UMW Outstanding Young Faculty Member Award in 2005 and won the SCHEV Outstanding Faculty award in 2014. She also has been named one of Princeton Review's Best 300 Professors. Her articles have been published in numerous journals including the Sex Roles, Psychology of Women Quarterly, Personality and Social Psychology Bulletin, Journal of Personality and Individual Differences, Personality and Journal of Child Psychology and Psychiatry and Allied Disciplines. Many of Dr. Liss' publications and presentations are with UMW student co-authors, and she enjoys mentoring students to do research that is of publishable quality.

Industry Expertise

Research, Training and Development, Education/Learning, Mental Health Care, Program Development

Areas of Expertise

Work-Life Balance, Feminism, Parenting, Social Media, Mindfulness

Education

University of Connecticut

Ph.D. Psychology

University of Connecticut

M.A. Psychology

Accomplishments

2015 Outstanding Faculty Award

Miriam Liss, professor of psychology at the University of Mary Washington, has received a "2015 Outstanding Faculty Award" from the State Council of Higher Education of Virginia. Liss joined the UMW faculty in 2001 and is a clinical psychologist. Recently, Liss released a book with fellow UMW psychology professor Holly Schiffrin called "Balancing the Big Stuff: Finding Happiness in Work, Family and Life.?"...

Best 300 Professors

Named to list of top 300 professors by Princeton Review.

Outstanding Young Faculty Member

Awarded by the University of Mary Washington.

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