Mitchell Schare

Professor of Psychology at Hofstra University Hempstead, NY, US Professor of Psychology and Director of the Phobia & Trauma Clinic

Biography

Dr. Mitchell Schare, holds the rank of Professor of Psychology, is a core faculty member in the Ph.D. program in Clinical Psychology and is the Director of the Phobia & Trauma Clinic, a training and research facility staffed by Ph.D. candidates in Clinical Psychology. Dr. Schare served as the Director of Clinical Training for both the Ph.D. Program in Clinical Psychology and its earlier incarnation, the Ph.D. program in Combined Clinical & School Psychology at Hofstra University. Dr. Schare completed his doctorate in Clinical Psychology with specializations in anxiety disorders treatment, substance abuse behaviors, and sexual dysfunction therapy at the State University of New York -- Binghamton in 1985 following an internship at the Brown University Medical School Consortium in Providence, R.I. He is a board-certified behavior therapist by the American Board of Behavioral & Cognitive Psychology and the American Board of Professional Psychology. Additionally, he has been honored as a Fellow by the Association for Behavioral & Cognitive Therapies. Dr. Schare is a clinical scientist-practitioner who has been with the university since 1986 and is licensed to practice in the State of New York.

Industry Expertise

Mental Health Care, Health and Wellness

Areas of Expertise

Emotional Aftermath of Traumatic Events, Anxiety Disorders, Post Traumatic Stress Disorder, Psychology, Substance Abuse Disorders, Virtual Reality Exposure to treat PTSD, Fear of Flying, Public Speaking, and Other Phobias

Affiliations

Association for Behavioral & Cognitive Therapies, American Psychological Association, New York State Psychological Association, Council of University Directors of Clinical Psychology

Education

SUNY Binghamton PhD

SUNY Binghamton MA

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