

# **Monika Ardel**

**Professor at University of Florida**

Gainesville, FL, US

Monika Ardel developed the Three-Dimensional Wisdom Scale to study the predictors, correlates and effects of personal wisdom.

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## **Biography**

Monika Ardel is a sociology professor in the Department of Sociology and Criminology & Law in the College of Liberal Arts and Sciences. She also is the 2008 Colonel Allan R. and Margaret G. Crow Term Professor. Monika is a founding faculty member and member of the advisory committee of the University of Florida Center for Spirituality and Health. She developed the widely used Three-Dimensional Wisdom Scale. She specializes in adult human development, aging and the life course, wisdom, purpose in life, religiosity/spirituality, aging and dying well and social psychology.

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## **Areas of Expertise**

Social Psychology, Dying Well, Subjective Well-being, Psychological well-being, Wisdom, Successful Adult Human Development, Aging and the Life Course, Spirituality, Flourishing, Aging Well, Purpose in Life

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