

# **Naomi Ekas**

**Department Chair & Professor of Psychology at Texas Christian University**

Fort Worth, TX, US

Naomi Ekas is an expert in autistic and non-autistic children's emotional development.

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## **Biography**

Naomi Ekas's research program utilizes a developmental psychology approach to understanding children's social and emotional development. She studies how both intrinsic (e.g., temperament) and extrinsic (e.g., parenting quality) factors impact children's emotion regulation and mental health. She studies these processes in autistic and non-autistic children using a variety of research methods.

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## **Areas of Expertise**

Marital Conflict, Emerging Adulthood, Parenting, Emotion Regulation, Caregiver Care for Families with Autism, Autism, Early Infant Development (Birth to Age 3), Emotional Development, Adolescence, College Students, Marital Relationship

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## **Affiliations**

International Society for Research in Autism : Member, International Society for Infant Studies : Member, The Society for Research in Child Development : Member

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## **Education**

**University of Notre Dame**

Ph.D. Developmental Psychology

**University of Notre Dame**

M.A. Developmental Psychology

**University of California, Davis**

B.A. Psychology with Highest Honors

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## **Accomplishments**

**Society for the Teaching of Psychology Faculty Development Award**

2012

**Eli J. and Helen Shaheen Graduate School Award**

University of Notre Dame, 2009

**Outstanding Graduate Student Teacher Award for Excellence in Teaching**  
University of Notre Dame, 2008

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