

Paula Whidden

Author, Life Coach at Paula Whidden

Santa Clarita, CA, US

Paula's an energetic speaker who addresses the choices we face in life, in marriage and in parenting.

Biography

Paula Whidden is a board certified life coach and author who has been writing for almost a decade. She went from pastoring teens and children to staying at home with her own two amazing girls and found the joys of communicating with the written word. As a life coach, Paula has worked with over a hundred couples. She coaches them on communication skills, conflict resolution, finance, romance and more to help them build the marriage they will enjoy for a lifetime. She coaches couples one-on-one in their homes or via the internet across the United States. She began writing as a blogger and eventually wrote her first book, 25 Days 'Til Christ, to help families enjoy and better understand the real meaning Christmas. From there, she wrote Couple Corners: 52 Faithful Choices for a More Joy-Filled Marriage which was a top ten finalist in the Women of Faith book contest. Paula's book Cheap Dates for Classy Couples came as an expression of her love of all things cheap yet beautiful. Every date has been tried and tested by Paula and Tim and many of their friends. Finally, Paula wrote her most recent book, Dating Tips from a Wolf, to help ladies who kept looking for love in all the wrong places. It's the true story of how God taught Paula how to date using an unlikely helper.

Availability

Keynote, Moderator, Panelist, Workshop, Author Appearance

Industry Expertise

Internet, Education/Learning, Religious Institutions, Writing and Editing, Women, Social Media, Non-Profit/Charitable

Areas of Expertise

Build Self-Esteem, Strengthen Your Marriage, Parenting With the End in Mind, Road Trip to Achieve Your Goals, Social Media for Non-Profit Organizations

Affiliations

Examiner.com

Education

Grand Canyon University
Bachelors of Music Music

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