

Pedro Benach, Psy.D.

Associate Faculty - School of Psychology at Fielding Graduate University

Honolulu, HI, US

With support, we can achieve more than we can dream.

Biography

Dr. Benach is a first generation Cuban-American who aspires to assist others. Dr. Benach obtained his Bachelors degree in Psychology at the University of Hawai'i at M?noa Thereafter, he obtained his Master degree in Clinical Psychology from Argosy University of Hawai'i and completed his Doctoral degree in Clinical Psychology from the Hawai'i School of Professional Psychology at Chaminade University of Honolulu. While on his predoctoral internship and postdoctoral fellowship, Dr. Benach received advanced specialized training in the evaluation and treatment of neurodevelopmental, neuropsychological, and psychological disorders. In addition, he obtained specialized training in the assessment and treatment of Autism Spectrum Disorder. Dr. Benach is excited to join the Fielding Graduate University School of Psychology as an Associate professor and hopes to inspire others on their professional and personal journeys.

Industry Expertise

Education/Learning, Research, Health and Wellness, Mental Health Care, Training and Development, Writing and Editing

Areas of Expertise

Psychological/Neurodevelopmental/Neuropsychological Assessment, Ethics, Cognitive Behavioral Therapy and Interventions, Alternative and Integrative Therapies, Positive Psychology, Autism Spectrum Disorder (Asd), Cognitive and Learning Disabilities, ADHD, Clinical Writing

Affiliations

American Psychological Association (APA) : Member, Hawai'i Psychological Association (HPA) : Board Member of the Child and Adolescent Committee, National Alliance on Mental Illness (NAMI) : Member

Education

University of Hawai'i

B.A. Psychology

Hawai'i School of Professional Psychology at Chaminade University

PsyD Clinical Psychology

Hawai'i School of Professional Psychology at Argosy University
M.A. Clinical Psychology

Mount San Antonio Community College
n/a

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