

# **Prof. Chris Poulos**

**Head of Research & Aged Care Clinical Services at University of New South Wales**

Sydney , NSW, AU

Associate Professor Chris Poulos is the Foundation Hammond Chair of Positive Ageing and Care with the University of New South Wales

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## **Biography**

Chris is the Head of Research & Aged Care Clinical Services for HammondCare, one of Australia's leading providers of aged care, dementia, palliative care and rehabilitation services. He is also conjoint Professor in the Faculty of Medical at the University of New South Wales (UNSW), Australia, a consultant physician in rehabilitation medicine and Visiting Principal Fellow, Australian Health Services Research Institute, University of Wollongong. Prior to his current appointment Chris was the Foundation Hammond Chair of Positive Ageing and Care, UNSW. He has also held the position of President of the Australasian Faculty of Rehabilitation Medicine and has been a Director of the Royal Australasian College of Physicians. Chris has been a practicing rehabilitation physician for over 25 years, during which time he has also managed a number of hospital and community-based rehabilitation and aged care clinical services. He has also been active on hospital and government committees exploring health system funding, improvement and innovation, and he consults to government and industry on rehabilitation, aged care and other subacute services. Chris has a Masters in Health Policy and Management and a PhD, and is an active researcher and teacher. His current research interests include community-based rehabilitation and restorative programs for older people, the use of the arts to promote health and wellbeing, the wellness needs of carers of people with dementia, and rehabilitation and aged care service delivery. Chris has worked with the IFA and DaneAge during 2015 and 2016 to identify the benefits of the reablement approach for older people with chronic diseases, including dementia.

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## **Industry Expertise**

Education/Learning, Research, Health and Wellness, Medical/Dental Practice, Health Care - Providers, Health Care - Services, Non-Profit/Charitable, Public Policy

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## **Areas of Expertise**

Rehabilitation Medicine, Health Policy, Aged Care Service Delivery, Arts and health, Restorative care and reablement, Dementia and carers of people with dementia

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## **Affiliations**

The University of New South Wales Australia, HammondCare, The Australasian Faculty of Rehabilitation Medicine, The Royal Australasian College of Physicians, The University of Wollongong

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