

# **Prof. Kaarin Anstey**

**Director, UNSW Ageing Futures Institute at University of New South Wales**  
Canberra, , AU

Psychology and neuroscience expert exploring the epidemiology of cognition and dementia

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## **Biography**

Professor Kaarin Anstey is an ARC Laureate Fellow and Director of the UNSW Ageing Futures Institute, and a Senior Principal Research Scientist at Neuroscience Research Australia. Anstey is also Chair of the International Research Network on Dementia Prevention. Anstey's research programs focus on the causes, consequences and prevention of cognitive ageing, dementia, and common mental disorders in adulthood. She leads the PATH Through Life cohort study that has followed a population-based sample for 20 years to examine risk and protective factors for cognitive decline and dementia, mental health and healthy ageing. Anstey led development of the ANU-ADRI risk score for Alzheimer's disease and is an investigator on several multi-domain dementia risk reduction trials. Kaarin's second area of research focusses on how cognitive and sensory ageing impact driving in older adults. In this sphere Anstey is leading studies to improve older driver skills and to understand how cognitive decline affects driving abilities. Kaarin has worked with the WHO in the area of dementia, and is a member of the Governance Committee of the Global Council on Brain Health.

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## **Industry Expertise**

Health and Wellness, Health Care - Services, Research, Education/Learning

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## **Areas of Expertise**

Developmental Psychology and Ageing, Public Health and Health Services, Geriatrics and Gerontology, Fostering Healthy Ageing, Cognitive Sciences, Health Promotion, Cognitive Reserve, Aged Health Care, Neurosciences, Mental Health, Epidemiology, Older Drivers, Psychology

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## **Affiliations**

Dementia Collaborative Research Centre - Early Diagnosis and Prevention: Director, NeuRA: Senior Principal Research Scientist, ARC Centre of Excellence in Population Ageing: Deputy Director, NHMRC Dementia Centre for Research Collaboration: Director

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## **Education**

University of Queensland, University of Sydney  
PhD Psychology

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