# Prof. Sue Gordon

Professor of Healthy Ageing at Flinder's University

Adelaide, South Australia, AU

Sue works with aged care providers and the community to optimise ageing, aged care and uptake of technology

# Biography

Sue brings over 20 years of physiotherapy experience and more than 15 years of academic experience to the role of Professor of Healthy Ageing. She joined Flinders University in late 2015 in a position joint funded by Aged Care and Housing Group who she works closely with to promote a healthy ageing agenda. Her research involves collaboration with local government, aged care and health service providers and colleagues from other universities. She is investigating healthy ageing and functional decline to better understand the opportunities to identify, measure, limit and reverse early changes that are often covert. Her research in aged care workforce development has included investigating the effectiveness of simulation and coaching interventions to decrease aggressive incidents, improve person centred care and build compassion. Her work with the Flinders Digital Health Research Centre and the ARC funded Digital Enhanced Living Hub has developed and trialed Apps for the measurement of prefrailty and frailty, and assistance for people with mild cognitive impairment.

## **Industry Expertise**

Education/Learning, Research, Health and Wellness

#### **Areas of Expertise**

Human Movement and Sports Science, Aged Care Workforce Development, Public Health and Health Services, Health and Support Services, Fostering Health Ageing, Digital Technology, Clinical Sciences, Clinical Health, Public Health

## Education

Australian Institute of Business Graduate Diploma Management

James Cook University Graduate Certificate Tertiary Teaching

University of South Australia Doctor of Philosophy Health Science

# Accomplishments

**Research Advisor Australasian Lymphology Association** 2012

Australian Learning and Teaching Council Citation for Outstanding Contributions to Student Learning 2010

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