

Rebecca Shenkman

**Director of the MacDonald Center for Nutrition Education and Research | M. Louise Fitzpatrick
College of Nursing at Villanova University**

Villanova, PA, US

Rebecca Shenkman, MPH, RD, LDN, is an expert in nutrition, weight management, and using food to help prevent and control disease

Biography

Rebecca Shenkman, MPH, RD, LDN, is an excellent quotable source on healthy eating and how to use food to help prevent and control disease. She can speak to how men, women and children can tackle these problems by planning ahead for meals, incorporating new foods into one's diet, and increasing physical activity to live improved, healthier lives.

Industry Expertise

Research, Education/Learning

Areas of Expertise

Childhood Obesity, Diet and Behaviors, Nutrition, Nutrition & Disease Prevention, Nutrition & Lifestyle Changes, Weight Management

Affiliations

Member of the Academy of Nutrition and Dietetics, Member of the Weight Management Dietetic Practice Group of the Academy of Nutrition and Dietetics

Education

Aramark Dietetic Internship

RDN

New York University

MPH

University of Pennsylvania

BA

[Please click here to view the full profile.](#)

This profile was created by [Expertfile.](#)