

Roddy Willis

Director / Owner / Coach at Roddy Willis

Bruson, , CH

Ski Coach / Mental Performance Coaching / NLP

Biography

Roddy tried an office job in the 80's and quickly realised it wasn't for him. He decided to head for the Alps in 1988 ? he has never really looked back, working in a number of different jobs from hotel dish washer to ski school technical director and managing to do nearly three full ski seasons whilst getting a degree in furniture design! The common thread running throughout the past 27 years is Roddy's love of the mountains and skiing. Roddy is a born communicator and combines this with his love of skiing and vast experience to help his clients achieve goals beyond their expectations.

Industry Expertise

Mental Health Care, Professional Training and Coaching

Areas of Expertise

Performance Coaching, Skiing, NIP

Sample Talks

Amazing Humans

It's amazing what humans can achieve, our minds and bodies can work in unison to enable us to to achieve extra-ordinary goals if we allow ourselves to achieve.

Education

Brunel University

BA Hons Furniture Design

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