

Russell A. Sabella, Ph.D.

Expert in school counseling, cyberbullying, technology and social networking at Florida Gulf Coast University

Fort Myers, FL, US

Russell Sabella is an expert in solution-focused brief counseling, consultations and parent conferences.

Biography

Russell A. Sabella is a professor of school counseling in the College of Education, Florida Gulf Coast University and president of Sabella & Associates. Dr. Sabella is author of numerous articles published in journals, magazines, and newsletters. He is also well-known for his Solution-Focused Brief Counseling, School Counseling Technology, and Data Boot Camp for Counselor workshops conducted throughout the country. Sabella is past President (2003-2004) of the of the American School Counselor Association, and the Florida School Counselor Association (2013-2014). He has trained and consulted with thousands of school counselors, educators, parents, and organizational leaders throughout the country.

Areas of Expertise

Solution-Focused Brief Counseling, AI in School Counseling, Technological Literacy for School Counselors, School Counseling Use of Data

Affiliations

Florida School Counselor Association : Past President, American School Counselor Association : Past President, International Journal of Bullying Prevention : Editorial Board

Selected Event Appearances

Keynote Address: Enhancing your Datability

Annual conference of the Alaska School Counselor Association

Helping Children with Stress and Anxiety: A Comprehensive Approach

Kansas School Counselor Association and the Annual Emporia State University Conference, Emporia, Kansas

Helping Kids Stay Out of High-Tech Trouble

Alaska School Counselor Association, Anchorage, Alaska

Parenting in a high-tech world

Presentation to parents, Schick Hillel Community School, North Miami Beach, Florida

Guarding Kids Against High Tech Trouble

Tennessee School Counselor and Administrator Leadership Institute, Murfreesboro, Tennessee

Education

University of Florida

Ph.D. Counselor Education

University of Florida

Specialist in Education School Counseling

University of Florida

M.Ed. Education

University of Florida

B.S. Psychology

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