

Samantha Brody-Meltzer, M.D., M.P.H.

Associate Professor; Associate Chair for Faculty Development at UNC-Chapel Hill

Chapel Hill, NC, US

Dr. Samantha Meltzer-Brody's current clinical and research efforts are focused primarily on Perinatal Depression.

Dr. Samantha Meltzer-Brody, MD, MPH, is an Associate Professor and Director of the UNC Perinatal Psychiatry Program of the UNC Center for Women's Mood Disorders. Her current clinical and research efforts are focused primarily on Perinatal Depression. She is currently funded by multiple NIH grants to investigate epidemiologic, genetic, and other biomarker models of postpartum depression (PPD) and has recently worked to establish an international postpartum depression genetics consortium (PACT). In addition, she is investigating novel treatment options for depression in perinatal women. Her funded research also investigates the neuroendocrine (oxytocin, HPA stress axis), genetic and other biological markers of perinatal mood disorders in a cohort of women recruited during pregnancy and followed longitudinally in the postpartum period during lactation. Dr. Meltzer-Brody also studies maternal depression in high-risk groups including adolescent mothers, and mothers of children with neurodevelopmental delays. Dr. Meltzer-Brody has participated in a previous AHRQ systematic evidence-based review of perinatal depression. She has published numerous manuscripts in the field of women's mental health, currently participates in clinical trials research in women's mood disorders, and serves as the mental health consultant for the North Carolina Women's Health Report Card. The Triangle Medical Journal recently selected Dr. Meltzer-Brody as one of the "Top 10 Women in Medicine." She is also the founder of the Taking Care of Our Own Program, a resource for UNC Health Care employees, and the Associate Chair for Faculty Development.

Education/Learning, Medical/Dental Practice, Research

Postpartum Depression, Perinatal Depression, Genetics, Women's Mood Disorders, Stress Management

Taking Care of Our Own Program (UNC) : Founder

Duke University Medical Center

Residency Psychiatry

University of North Carolina at Chapel Hill

M.P.H. Health Care and Prevention Program

Northwestern University Medical School

M.D. Medicine

Simmons College

B.S. Biology and Psychology

Top 10 Women in Medicine
Awarded by The Triangle Medical Journal

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