

Sarah Hill

Professor, Psychology at Texas Christian University

Fort Worth, TX, US

Dr. Hill specializes in research on women's sexual psychology, sex hormones, and the birth control pill.

Biography

Dr. Sarah E. Hill earned her PhD in evolutionary psychology at the University of Texas at Austin working under Dr. David Buss. She is currently a researcher and professor at TCU, lead research advisor at 28, and a thought leader in the area of women's hormones and sexual psychology. Sarah's groundbreaking research has resulted in more than 80 research publications. Her work has been featured in The New York Times, The Washington Post, Scientific American, The Economist, and on television shows like Good Morning and The Today Show. Most recently, Sarah has authored "This is your brain on birth control: the surprising science of women, hormones, and the law of unintended consequences", which sheds critical new light on the psychological impact of women's sex hormones and the birth control pill.

Areas of Expertise

Women's Psychology, Sex Hormones, The Birth Control Pill, Interpersonal Relationships, Menstrual Cycle, Mind-Body Interactions

Affiliations

Association of Psychological Science, Evolution and Human Behavior Society, Society for Personality and Social Psychology, Journal of Personality and Social Psychology : Editorial Review Board, Departmental Review Board : Chair

Event Appearances

Nothing in Health Psychology Makes Sense Except in the Light of Evolution | Invited Colloquium Speaker
(2023) Rice University

Sex Hormones, The Female Brain, And The Birth Control Pill | Invited Public Address
(2023) The Clarke Forum for Contemporary Issues | Dickenson College

Success in science is a path paved with self-doubt and failure | Keynote Address
(2023) Annual meeting of the FOSSIL Society

Design and Disorder: The Evolutionary Foundations of the Mental Health Crisis Among Women | Opening Keynote Address
(2023) Metagenics Institute Congress: The Well Woman

Sex Hormones, The Female Brain, And The Birth Control Pill | Closing Keynote Address
(2023) Metagenics Institute Congress: The Well Woman

Pitching and Writing a Popular Science Book: Communicating Science without Getting in the Weeds | Presented Talk
(2023) Annual Meeting for Human Behavior and Evolutionary Society

Sex Hormones, The Female Brain, And The Birth Control Pill
(2023) Women's Health Summit Continuing Education Forum | PESI Healthcare

Birth Control as a Grand Challenge | Invited Keynote Address
(2023) Annual Meeting of the Grand Challenges Initiative | Chapman University

Sex Hormones, The Female Brain, And The Birth Control Pill | Invited Speaker
Chapman University Brain Institute and Department of Psychology Distinguished Speaker Series
|Chapman University

Sex Hormones, The Female Brain, And The Birth Control Pill | Invited Speaker
(2023) Mind the Gap: Hormonal Contraceptives and Brain Health Conference

A successful research career is paved with self-doubt and failure | Invited Keynote Address
(2023) Ph.D. Day, Graduate School of Health and Interdisciplinary Studies | Aarhus University

Sex Hormones, The Female Brain, And The Birth Control Pill | Invited Talk
(2023) Department of Translational Neuropsychiatry | Aarhus University

Education

University of Texas, Austin
Ph.D.

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