

Sarah Westen

Clinical Assistant Professor/Director at University of Florida

Gainesville, FL, US

Sarah Westen focuses on mental health disorders in children, adolescents and young adults with co-morbid medical illnesses.

Biography

Sarah Westen is a clinical assistant professor and Director of Diabetes Behavioral Medicine and Psychology at the University of Florida (UF). She is a licensed clinical psychologist who specializes in the evaluation and treatment of mental health disorders in children, adolescents, and young adults with co-morbid medical illnesses. Sarah's clinical and research interests include type 1 diabetes, insulin-requiring diabetes, medical treatment engagement, behavioral family interventions, telehealth psychosocial interventions, health equity and equality, and patient-centered care and health outcomes research. She teaches courses in the Department of Clinical and Health Psychology in the College of Public Health and Health Professions.

Areas of Expertise

Disease, Adolescents, Coping, Chronic health conditions, Mental Health, Depression, Diabetes, Type 1 Diabetes, Pediatrics, Anxiety , Children, Illness, Adjustment, Young Adults

[Please click here to view the full profile.](#)

This profile was created by [Expertfile](#).