

# **Sean Wharton**

**Medical Director at Diabetes Canada**

Toronto, ON, CA

Dr. Wharton is an internal medicine specialist who specializes in the areas of obesity and weight management.

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Dr. Sean Wharton is the medical director of the Wharton Medical Clinic, a community based internal weight management center and also works as an internal medicine specialist at Toronto East General Hospital and Hamilton Health Sciences. Early in his career, his interest in ethnicity and medicine led him to the study of hypertension and then to obesity under the guidance of Dr. Arya Sharma, a bariatric physician and internationally recognized leader in Obesity research. To date, Dr. Wharton has treated thousands of obese patients, has published a number of peer reviewed articles, and is now the lead author for the Weight Management Section of the Canadian Diabetes Guidelines for 2013. He is also a fierce advocate for government funded medical care for patients with increased weight. All care at his weight management clinic is OHIP funded and there are no charges to patients. Ministry funding for bariatric medical care continues to be inadequate, and with advocacy, we can improve the extent of care that can be delivered to all patients. Ultimately, his vision is to educate all patients and their families about the causes and treatment of increased weight. Patients have a critical role in solving their own medical condition and can be advocates to change obesity from a social to a chronic medical condition, that requires societal and governmental recognition and assistance. Dr. Wharton is a member of the Royal College of Physicians and Surgeons, the Canadian Obesity Network, the Canadian Association of Bariatric Surgeons and Physicians. He obtained his doctorate in both Pharmacy and Medicine from the University of Toronto and completed his residency in Internal Medicine at McMaster University in 2005.

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Health and Wellness, Research, Non-Profit/Charitable, Public Policy, Health Care - Services

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Obesity, Hypertension, Bariatric Surgery, Internal Medicine, Ethnicity and Medicine, Diabetes

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Toronto East General Hospital : Internal Medicine Physician, Wharton Medical Clinic : Internal Medicine Physician, Hamilton Health Sciences : Internal Medicine Physician, Adjunct Professor at York University in the Kinesiology and Health Science Department, Adjunct Assistant Clinical Professor at McMaster University in the Department of Medicine , Canadian Obesity Network : Member, Canadian Association of Bariatric Surgeons and Physicians : Member

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**McMaster University**

Residency Internal Medicine

**University of Toronto**

MD. Medicine

**University of Toronto**

D.Pharm. Pharmacy

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