

Dr. Shaista Malik

Professor of Medicine-Cardiology and Director of Susan Samueli Integrative Health Institute at UC Irvine

Irvine, CA, US

Dr. Malik is a leader in preventative cardiology and the practice of integrative healthcare.

Biography

Shaista Malik did her undergraduate work at Stanford University and then did her masters in public health and PhD at UCLA. She has been at UC Irvine since medical school and stayed at UCI for her residency in internal medicine, cardiology fellowship, and was chief cardiology fellow. Dr. Malik is a clinical scientist, she sees patients, teaches, and does research. She is an investigator on several National Institute of Health (NIH) grants, including a career development award, a K23, from NIH (NHLBI) looking at the role of cardiac CT in those with diabetes. She was also recently awarded a prestigious large research project grant, a RO1, looking at the root causes, including the genetics of heart disease. Her research interests include prevention of heart disease and women's heart disease. She has helped write national guidelines on training cardiologists as well as American College of Cardiology position paper on cardiovascular imaging in diabetes. She has also edited two books and written several book chapters. She is a section editor for three medical journals. Dr. Malik is the Susan Samueli endowed chair of Integrative Medicine, director of the Susan Samueli Institute for Integrative Medicine, director of the women's heart disease program, and the medical director of the preventive cardiology and cardiac rehab program.

Areas of Expertise

Internal Medicine, cardiac rehabilitation, Integrative Healthcare, Cardiovascular Disease, Preventive Cardiology

Affiliations

American College of Cardiology : Member, American Heart Association : Member

Event Appearances

COVID-19: Where We Are & What to Expect Next
UCI Forum Series

Education

UCLA
PhD Health Services

UCLA
MPH Community Health Sciences

Stanford University
BA History

Stanford University
BS Biology

Accomplishments

Southern California Super Doctors
2018

Physician of Excellence?Orange County Medical Association
2013-2018

Department of Medicine, Chair?s Research Grant Award
2014

Faculty of the Year Award?Fellow Advocate
2012

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