

Shane Owens

Assistant Director, Campus Mental Health Services at Farmingdale State College

Farmingdale, NY, US

Dr. Shane Owens is assistant director of Campus Mental Health Services.

Biography

Shane G. Owens, Ph.D., ABPP, is a board-certified behavioral and cognitive psychologist, and a dad. He is the assistant director of Campus Mental Health Services at Farmingdale State College and is a sought-after authority on college-student and young-adult mental health. He earned his Ph.D. in clinical and school psychology from Hofstra University. Dr. Owens' scholarly work has appeared in Aggressive Behavior and the Journal of Applied Social Psychology. He is a member of the editorial board of Evidence-Based Practice in Child and Adolescent Mental Health. Dr. Owens writes for Smerconish.com, US News, Fatherly, and ShrinkTank.com.

Availability

Keynote, Moderator, Panelist, Workshop, Corporate Training

Industry Expertise

Health Care - Providers, Health and Wellness, Education/Learning, Mental Health Care

Areas of Expertise

College Mental Health, Parenting, Anxiety , Social Media

Affiliations

Association for Behavioral and Cognitive Therapies, Suffolk County Psychological Association, Anxiety and Depression Association of America, American Association of Suicidology, Society for the Science of Clinical Psychology, American Psychological Association, American College Health Association, American Board of Behavioral and Cognitive Psychology

Event Appearances

Whether we like it or not, we need to embrace social media.
the Anxiety and Depression Association of America Conference 2019

What can an evidence-based mental health practitioner do when faced with pseudoscience?
52nd Annual Conference of the Association for Behavioral and Cognitive Therapies

Teaching kids lifelong suicide prevention skills.

Staten Island Committee for Child and Adolescent Mental Health

A psychologist's social media voice.

Nassau County Psychological Association

Collaborative management of suicide risk in college students.

Krasner Psychological Center

Education

Drew University

BA Psychology/Philosophy

Hofstra University, Hempstead, NY

MA Clinical and School Psychology

Hofstra University, Hempstead, NY

PhD Clinical and School Psychology

Accomplishments

Distinguished Service Award - New York State Psychological Association

Distinguished Service Award

Psychologist of the Year - Suffolk County Psychological Association

Psychologist of the Year

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