

# **Stephane Gaskin PhD, ACC, PPCC**

**Coaching, Speaking and Workshops at CoachingSG**

Montreal, Canada Area, , CA

Professor: Dawson College and Concordia University; Personal, Professional Coaching.

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## **Biography**

I am a certified personal and professional coach, professor, researcher and speaker. I obtained my personal and professional coaching certification (PPCC) from the Center for Human Relations and Community Studies at Concordia University in Montreal. I am also accredited by the International Coaching Federation (ICF). I have coached a number of people in making important changes in their lives, including career and educational transitions. I am also a passionate professor. I have been teaching psychology at Dawson College in Montreal for the past 10 years. I also teach a variety of courses psychology at Concordia University. I have a considerable research background. For both my masters (Concordia University) and PhD theses (McGill University), I studied the neurobiological basis of memory. That is, the brain areas responsible for different types of memories. Following my PhD, I continued this research as a post-doctoral fellow at the University of California in San-Diego after which I came back to Concordia. The results of my research have been published in international scientific journals. I have also presented my research at major conferences such as the Society for Neuroscience.

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## **Availability**

Keynote, Workshop, Corporate Training

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## **Industry Expertise**

Health and Wellness, Professional Training and Coaching, Education/Learning

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## **Areas of Expertise**

Research, Teaching, Public Speaking, Life Coach

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## **Affiliations**

International Coaching Federation

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## **Sample Talks**

## **Corporate Self Determination**

With Stephane you will find out how your company or organization can: 1) Have everyone pulling in the same direction Increase employee and management motivation by developing a common vision and goals. 2) Have clear and relevant Goals Be assured that your company's goals make sense in relation to your company's culture and values. 3) Develop an action plan Develop an action plan that will lead to the fulfillment of your company's goals and aspirations. 4) Have purpose and meaning Research shows that companies that are able to convey the clear purpose and meaning of their goals to their managers and employees fair much better than companies that don't.

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## **Event Appearances**

**Neuroplasticity, the Brain & ADHD**  
Grand Rounds

**Neuroplasticity, the Brain & ADHD**  
Public meeting

**CIOT Corporate Retreat**  
One Direction

**Who am I? What am I doing? Where am I going?**  
Social Science Week

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## **Education**

**McGill University**  
Doctor of Philosophy (PhD) Experimental Psychology

**Concordia University - Center for Human Relations and Community Studies**  
Professional and personal coaching certification [PPCC] Coaching

**Concordia University**  
Master of Arts (M.A.) Experimental Psychology

**University of California, San Diego**  
Post-doctorate Neurobiology and Neurosciences

**Concordia University**  
Bachelor of Arts (B.A.) Psychology

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## **Accomplishments**

### **Essentials of Brain and Behaviour (In writing)**

I am presently contracted by Pearson education to write a brain and behaviour textbook. The textbook is scheduled to be released in 2015.

### **Connect your Goals with who you are:**

Self-published workbook entitled Connect your Goals with who you are: "The Now I'm Making it Happen Workbook".

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## **Testimonials**

### **Sana Nakhleh**

As a guest speaker, Dr. Stephane Gaskin presented Neuroplasticity, the Brain & ADHD for LDAQ Montreal Chapter 1, at The Montreal Children's Hospital Amphitheatre on February 11, 2014. Through his wisdom, warmth and humor, Stephane transformed a very complex subject matter into one that was easily understood. He enlightened and inspired the audience of parents, professionals and educators. Thank you for an exceptionally thought-provoking evening.

### **Vivien Watson**

Stephane's talk was outstanding and focused on the importance of goals, meaning and purpose to the achievement of success. An audience of approximately 200 students and faculty were amazed at how much they learned in this most interesting and informative talk. Stephane's contribution to Social Science Week was much appreciated.

### **James Beatty Hunter, MPhil, GDM (Leadership), CPCC**

A presentation is only as good as its presenter. Dr. Gaskin outdid himself with his lecture/workshop on goal-setting to "Coaches of Montreal". As a former co-administrator of the group, I have seen many of the presentations offered to our community, and few came as close to fulfilling the aim of self-improvement for ourselves and finding effective tools for our clients. All of which was made real and engaging by Stephane's energy, awareness and facilitation. Many thanks, Stephane!

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