

Susan Chapman

Instructor at Loyola Marymount University

Los Angeles, CA, US

Biography

Susan Chapman is a Yoga therapist, instructor, and scholar and coach, whose experience in Yoga spans some three decades. She is one of a small group of Yoga professionals to receive a Master of Arts in Yoga Studies, as well as a Post Graduate Yoga Therapy Certificate, from Loyola Marymount University's (LMU) Bellarmine College of Liberal Arts in Los Angeles, California. Susan is a Chopra Vedic Educator ? certified in Primordial Sound Meditation, the Seven Spiritual Laws of Yoga, and Perfect Health: Ayurvedic Lifestyle ? and is a certified Chopra Total Well-being Coach?. Additionally, Susan is a graduate of Boston College, where she earned a Bachelor of Science in Business Management and Marketing. She also received a Master of Fine Arts in Screenwriting from the UCLA School of Theater, Film and Television. Susan is a widely sought-after writer, instructor, and speaker in the areas of Yoga, meditation, and Ayurveda. She often crafts guided meditations, articles, online curricula, research papers, and other materials for vast international audiences interested in advancing their understanding of Yoga's philosophies and practices. She recently completed her first documentary short, Finding Her Voice: The Evolution of Lori Cooper, which traces one woman's journey to fulfill her dharma.

Education

University of California at Los Angeles

M.F.A.

Loyola Marymount University

M.A.

Boston College

B.S.

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