

Teisha Shelby-Houston

Author, Speaker, Trainer, TV Host at 4U Who Have an Ear, LLC

Greenville, SC, US

Mompreneur expert that teaches women how to live a life of purpose, power and purpose

Biography

Homeschooling mother of 5, Teisha Shelby-Houston (Lady T) specializes in helping women grow from mom to mompreneur! Lady T taught and trained employees in organizations throughout the U.S and the U.K. for years when she "started feeling guilty about training people to be better employees". So she turned to her passion and focused on helping people to become their own boss; teaching them how to start a home-business that centers on their passion and purpose. Today she is considered a Mompreneur Expert and shares strategies for success-along with 19 other experts-in the book Mom Entrepreneur Extraordinaire. Lady T's Blogtalk shows and her local Women's Power Networking Group have both positioned her in the middle of mompreneurs where she proudly serves them in their endeavor of entrepreneurship and motherhood. This has allowed her to perfect her CATapult Coaching Program, a system that helps moms get focused, balanced & profitable! She has been an invited guest on Oprah, a recipient of The Woman of Excellence 2010 Award and the contributor of 3 online magazines. Her message is "an empowered mom affects generations" and her mission is to empower as many as she can reach!

Availability

Moderator, Panelist, Workshop, Host/MC, Author Appearance

Industry Expertise

Women, Business Services, Training and Development, Professional Training and Coaching, Corporate Training

Areas of Expertise

Entrepreneur Mindset Trainer, Conscious Parenting, Personal Development, Entrepreneurship, Finding Your Purpose, Conscious Living, Leadership Training and Development, Communication

Affiliations

Toastmasters (President), Fred Pryor Plus Trainer, CareerTrack Trainer

Sample Talks

From Idea to Business

Discover the action steps that you must take to build your faith and determination as you move toward your glorious (but impossible to see) success! Overcome personal beliefs that might be holding you back Set SMART goals to develop professionally and personally Get completely clear on your vision and your "WHY"

Event Appearances

Successful Women Communicate Powerfully
Women's Conference

Finding Your Purpose
Sunday service

Education

Tuskegee University
Bachelor of Science Business Management

Accomplishments

Certified Spiritual Gifts Trainer
Spiritual gifts trainer based on Roman 12 and book Discover Your God Given Gifts by Don & Katie Fortune

Toastmaster
2nd place in State for humorous speech contest

Woman Of Excellence Award
2010 distinguished award, recorded in the state records of SC

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